Music is For Everyone

Books

- "Saturday Night at the Dinosaur Stomp" by Carol Diggory Shields
- "Rap A Tap, Tap" by Leo & Diane Dillon
- "Let's Get the Rhythm" by Anne Miranda
- "The Seals on the Bus" by Lenny Hort
- "Over in the Meadow" by Ezra Jack Keats
- "Chicka Chicka Boom Boom" by Bill Martin Jr. and John Archambault
- "Into the A, B, Sea" by Deborah Lee Rose
- "This Little Light of Mine" by Rachel Lisberg
- "Twinkle, Twinkle, Little Star" by Sylvia Long

Making Instruments

Shakers

- 1. Decorate two paper plates with markers or crayons. Pour 1/4 cup dried beans or rice onto one of the plates. Staple or tape the plates together. Shake it to the beat.
- 2. Decorate a film canister with stickers. Put a little rice, beans or macaroni in the canister. Close the lid and shake it to the beat.

Guitar

Stretch 2 or 3 rubber bands lengthwise around an empty tissue box. Attach a paper towel tube to one end of the box for the neck. Strum the rubber bands and sing a favorite song.

Jingle Bells

Lace some bells through your children's shoelaces. Have then walk, dance, and run while listening to the rhythm of the bells.

Kazoo

Cover the end of a toilet paper tube with a small sheet of wax paper and secure it with a rubber band. Hum into the open end.

Maraca

To make a maraca, put beans, rice, buttons, or pennies in a paper cup. Cover with a piece of construction paper or wax paper. Secure with a rubber band. Shake gently while marching or singing.

Drum

Cover an oatmeal box with construction paper and decorate. Use another piece of construction paper (attach with a rubber band) or the box lid as the drumhead. Gently tap with fingers or sticks to the beat of the music.

Stone Clackers

Look for some stones that comfortably fin in your child's hands. Clap them together as you sing your favorite song.